

# Twister Gymnastics 2011-2012 School Year Schedule



## Tumble Tykes Preschool Gymnastics

### Kangaroos - 45 minute classes (Parent and Child Class for Walkers to 3 Year Olds)



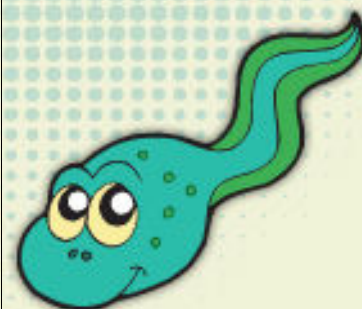
<u>Days Offered</u>	<u>Times Offered</u>
Tuesday	9:15
Wednesdays	10:15
Thursdays	10:15
Saturdays	Choose 9:15 or 10:15

The Kangaroos class is open to children from walkers to 3 years along with a parent. The class is designed to enhance fine and gross motor skills, body awareness, and muscle coordination while promoting physical, mental and social development. Music, basic gymnastics movements, and games create a fun and healthy atmosphere for you and your child.

### Tadpoles - 45 minute classes (2-3 Year Olds)

<u>Days Offered</u>	<u>Times Offered</u>
Monday	3:30
Tuesdays	Choose 10:15 or 3:30
Wednesday	Choose 9:15 or 3:30
Thursday	Choose 9:15 or 3:30
Friday	3:30
Saturday	Choose 9:15 or 11:15

The Tadpoles class is open to boys and girls ages 2-3 who are ready to venture into the gym and follow instruction without parental assistance. This class is designed to further enhance your child's fine and gross motor skills, strength, and coordination through the utilization of beginner gymnastics equipment and obstacle courses that emphasize climbing, hanging, jumping, and rolling in a fun and safe environment.



### Cubs - 45 minute classes (3-4 Year Olds)



<u>Days Offered</u>	<u>Times Offered</u>
Monday	3:30
Tuesdays	Choose 9:15, 10:15, 2:30, 3:30 or 4:30
Wednesdays	Choose 9:15 or 4:30
Thursdays	Choose 10:15, 1:30 or 3:30
Fridays	4:30
Saturdays	Choose 10:15 or 11:15


The Cubs class is open to boys and girls ages 3-4. This class is designed to further enhance your child's developing strength and coordination by introducing him/her to basic tumbling skills and gymnastics positions. Games, obstacle courses and music combine to create a fun and safe atmosphere.

**Please note:** *Twisters reserves the right to combine or close classes due to insufficient enrollment.*




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## Tigers - 55 minute classes(4-5 Year Olds)

	<u>Days Offered</u>	<u>Times Offered</u>	The Tigers class is open to boys and girls ages 4-5. This class will further develop the skills and gymnastics vocabulary taught in the Cubs classes. Tiger's is designed to create a fun, safe and challenging experience for your child where he or she will learn on our gymnastics equipment, play games, conquer obstacle courses, and learn beginner tumbling skills.
	Mondays	Choose 3:30 or 4:30	
	Tuesdays	3:30	
	Wednesdays	Choose 2:30 or 3:30	
	Thursdays	Choose 1:30, 3:30, or 4:30	
	Fridays	3:30	
	Saturdays	Choose 9:15, 10:15 or 11:15	


## Tiny-Twisters (Accelerated Program for 3-4 Year Old Girls)

<u>Days Offered</u>	<u>Times Offered</u>	Tiny-Twisters classes are offered by invitation to 3-4 year old girls who show early indications of success in the sport of gymnastics. This class is designed to prepare students to enter into the Mini-Twister program and eventually onto the Competitive team.	
Monday and/or Fridays	3:30		

## Mini-Twisters (Accelerated Program for 4-5 Year Old Girls)

<u>Days Offered</u>	<u>Times Offered</u>	Mini-Twisters classes are offered by invitation to 4-5 year old girls who show early indications of success in the sport of gymnastics. These classes are taught by team instructors and prepare students for acceptance onto our Jr. Olympic Team Program. The class meets twice a week for 90 minutes per class.	
Mondays and Wednesdays	3:30-5:00		

## Mighty-Twisters (Accelerated Program for 4-5 Year Old Boys)

	<u>Days Offered</u>	<u>Times</u>	Mighty Twisters classes are offered by invitation to 4-5 year old boys who show early indications of success in the sport of gymnastics. These classes are taught by team instructors and prepare students for acceptance onto our Jr. Olympic Team Programs. The class meets twice a week for 1 hour per class.
	Monday and Wednesday or Tuesday and Thursday	4:30-5:25	

Twister Gymnastics is a CHARACTER COUNTS!™



Certified Gold Medal Children's Activity Center

## Preschool Open Gym (Walkers to 5 Years with a Parent)

<u>Days Offered:</u>	<u>Times Offered:</u>	Pre-School Open Gym is offered 6 times during the week for walkers to 5 year olds. Open Gym gives you and your child an opportunity to play, bond, and explore areas of the gym together. All children must be accompanied by an adult.
Mondays	2:15-3:15	
Tuesdays	11:30-1:00	
Wednesdays	11:30-1:00	
Thursdays	11:30-1:00	
Fridays	12:00-1:00 2:15-3:15	

**Please note:** Twisters reserves the right to combine or close classes due to insufficient enrollment.

